

## Program 8

### Helping People Make Good Choices

NAME: \_\_\_\_\_

AGENCY: \_\_\_\_\_

DATE: \_\_\_\_\_

Handout for Program Eight

## 'Helping People Make Good Choices' and Decisions

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### Question of Choice

- 1<sup>st</sup> Order Preferences
  - \_\_\_\_\_, short-term, regrettable, easily led
    - \_\_\_\_\_
      - pre-occupations
        - \_\_\_\_\_
- 2<sup>nd</sup> Order Preferences
  - Considered, reflects true self (possibly),
  - long-term interests, self control/mastery, freedom
  - Necessary for valued roles and Good Life

• Ref: Clive Hamilton  
• Freedom Paradox

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### 1<sup>st</sup> and 2<sup>nd</sup> Order Preferences

- What are some of your 1<sup>st</sup> Order Preferences?
- What are some of your 2<sup>nd</sup> Order Preferences?
- Are there any 1<sup>st</sup> Order Preferences that stop or interfere with you succeeding in your 2<sup>nd</sup> Order Preferences?
- What can/do you do?
- Share

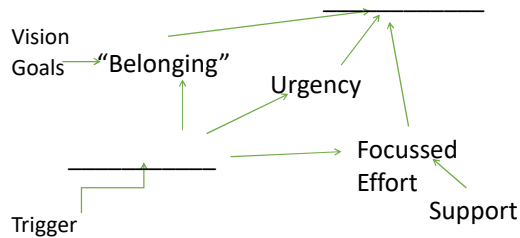
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## Program 8

### Helping People Make Good Choices

What does it take for 2<sup>nd</sup> Order-Preferences to be selected over 1<sup>st</sup>?



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What Implications are there for *you* in supporting someone to achieve the Good Things in Life?

- Reflect
- Share in small group
- Plenary and comment

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At Home...

- What opportunities for selecting/forming preferences at home for people? (what to wear, eat, buy, clean etc)
- Are there barriers or missed opportunities for people making those selections? What are they?
- What can be done to reduce barriers/provide opportunities? What challenges are there?

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